

Join us for a celebration of bounty,  
beauty and the heartbeat of humanity!



## **2023 Fall Equinox Drumming Circle**

**11 AM - 12 PM, Saturday, September 23**

**Unity Williamsburg Spiritual Center**

**624 Queens Creek Rd.  
Williamsburg, VA 23185**

**757-585-3170**

The autumnal equinox is a celebration of the seasonal transition from summer to winter. It signifies the beginning of a time of going within — a quieting — and a symbol of change.

The drum is a universal instrument that echoes the rhythm and tones of our heartbeats — something that we all have in common and that symbolizes our oneness as members of one human family.

Come join us as we celebrate the beginning of this quieting time. Bring your own drum(s), or any other rhythm instrument or device that serves the same purpose: 2 sticks, 2 rocks, a bottle of vitamins, etc.

**Please arrive about 15 minutes early to prepare for drumming  
and enable us to begin promptly at 11 AM.**

**There is no fee, but love offerings to our church are greatly appreciated.**

*Autumn is a time to release the hurts of life and to  
embrace the beauty of being alive. And so it is!*